## Coach Accreditation – National and International Championships 2023

Please note that Coach accreditation is required for anyone wanting to assist lifters in the warmup area, submit next attempts or take a lifter to platform.

1. Coach accreditation for SA Equipped Powerlifting Championships 2023:

	Category	Minimum requirement
1	Affiliation	Affiliated for current year in good standing
2	WADA ADEL certificate	High Performance Coach Education Programme certificate
3	Coach qualification	Recognised SAPF coaching certificate
4	Referee qualification	Provincial referee or higher

- We will also allow a coach with a Club Referee qualification to get accreditation for access to the warmup area only.
- All coaches must submit an entry form for the competition and pay an entry fee of R200, to be given accreditation. The entry form will be available on the website shortly.
- Coaches will be allowed to list warmup assistants (max 5 per session) to assist in the warmup area. Warmup assistants need to be affiliated for 2023. There is no fee for warmup assistants.
- 2. <u>Team SA coach accreditation for the remaining International Powerlifting</u> Championships for 2023

The International Powerlifting Championships for the remainder of 2023 are:

- World Bench Press Championships, Sun City, RSA
- World Open Classic Powerlifting Championships, Malta
- Asia/Pacific/Africa Powerlifting and Bench Press Championships, Hong Kong
- World Classic and Equipped SJ and Juniors Powerlifting Championships, Romania
- World Classic and Equipped Masters Powerlifting Championships, Mongolia
- African Powerlifting Championships, Algeria
- World Open Equipped Powerlifting Championships, Lithuania

and the requirements for a coach to get accreditation at these events is:

	Category	Minimum requirement
1	Affiliation	Affiliated for current year in good standing
2	WADA ADEL certificate	High Performance Coach Education Programme certificate
3	Coach qualification	Recognised SAPF or IPF coaching certificate
4	Referee qualification	Provincial referee or higher

No Club referees will get accreditation at International Championships. Coaches with a
Provincial Referee qualification may get accreditation to take lifters to platform for the
remainder of 2023. From 2024, only coaches with a National or above referee certification will
be allowed to take a lifter to platform at an International competition, and those with
Provincial referee certification will only be given warm-up area accreditation.

For these international championships, coaches will be accredited in the **Goodlift** system as follows: Head Coach - An optional appointment by SAPF ExCo for the competition. Must be a coach who is a Cat I or II referee. May qualify for Protea Colours depending on team age categories (must include SJ, Jun and/or Open), team size and other considerations, subject to SAPF ExCo decision.

Coach - Coaches who are National referees and above

Assistant Coach - Coaches who are Provincial referees

## Attire

All coaches must be attired appropriately whether they are in the warmup area or taking a lifter to platform. Remember that you are representing the SAPF and not your Province or Club. For the remaining International Championships of 2023, appropriate attire is

- Official tracksuit OR Exercise trousers OR shorts
- IPF Coaching shirt OR SA Golf shirt OR Official Competition Tshirt
- Sports shoes (No slops)
- No vests